**Original Paragraph**

After lots of searching, we decided on gymnastics class.  Of course, gymnastics is also a fiercely competitive sport, but not until a gymnast gets to the more advanced levels.  For a preschooler, gymnastics an opportunity to run, jump, get stronger, and move their bodies.  It’s also a way for them to learn to push themselves, learn to celebrate their abilities, and learn to handle frustration.  It feels like gymnastics all the positives of other competitive sports without the pressure from screaming parents.

**Revising for clarity by adding details, reflections, examples, transition words!**

After lots of searching, we decided on gymnastics class.  Of course, gymnastics is also a fiercely competitive sport, but not until a gymnast gets to the more advanced levels. At the beginner level, gymnastics is an opportunity for kids to run, jump, get stronger, and move their bodies. I love seeing Cash and Scarlett in class, sweaty and grinning from ear to ear, working to improve their handstands, pullovers, and cartwheels. Gymnastics has been a safe place for them to learn to push themselves, ~~learn to~~ celebrate their abilities, and figure out how to handle frustration. When Cash couldn’t execute a cartwheel as well as his sister could, we had so many conversations about not giving up and about how he could solve the problem. I really don’t think that personal motivation for improvement would have come out if he was playing a competitive team sport. In my mind, gymnastics has all the positives of other competitive sports without the pressure to win a game.